



IMA TELlicherry NEWS LETTER – JANUARY 2019

ORGANIZATIONAL ACTIVITIES

04.01.2019: Protest Meeting

IMA Thalassery as part of All India Protest Day to oppose the National Medical Commission Bill 2017, IMC (amendments) Bill 2018, and Consumer Protection Bill 2018 pending before the Parliament distributed black badges to all hospitals and clinics in Thalassery.

As per directions given from IMA Thalassery communicated with two members of parliament Mr.Rakesh, Rajyasabha and Prof.Richard hay,MP Lokhsabha. Both the members reacted positively.



16.01.2019: Executive Meeting

Executive committee was held at IMA hall on 16.01.2019. President welcomed the gathering. 46 members attended the meeting.



23.01.2019: General Body Meeting

The General Body Meeting was held on 23.01.2019 at IMA Hall Thalassery at 8.00 pm. Dr. Rajeev Nambiar presided over the meeting. 53 members attended the meeting.



ACADEMIC ACTIVITIES

23.01.2019: IMA Thalassery conducted a CME on “Consumer Protection Act- New Challenges and Apprehensions” by Dr.Srikumar Vasudevan,Past State President IMA& Chairman Ethics Committee along with the CME on Varicose Veins , DVT Prophylaxis and Management by Dr.Ranjish A T,Vascular Surgeon(Vein Art, Calicut) . Rajeev Nambiar C K presided over the meeting.53 members attended the meeting.



30.01.2019: IMA Thalassery conducted a CME on “Clinical Establishment Act” by Dr.Babu Ravindran T N(Past National Vice President) along with the CME on Clinical Update on Communicable

Diseases by Dr.Ramesan T,Principal Kannur Medical College and Dr.Sasidharan K,Consultant Phycician, Taluk Hospital,Kuthuparamba.



STATE, REGIONAL MEETING & FUNCTIONS

12.01.2019: Gynaec National Conference

FOGSI Milan Smrithy National Award for innovative activities bagged by COGS Chairperson Dr.Mini Balakrsihnan (Vice President IMA Thalassery) and Secretary Dr.Shyjus at the Gynaec National Conference held at Bangalore.



SOCIAL ACTIVITIES

Medical Checkups & Camps

06.01.2019: Nephrology Camp & Class

IMA Thalassery & Baithulmaal, Pilakool Thalassery conducted a Nephrology Camp & Awareness Class at Pilakool, Thalassery. Dr. Rajeev Nambiar (President IMA Thalassery) inaugurated the Camp. Dr. Sandeep S (Nephrologist, Thalassery Co-operative Hospital) took the Awareness Class. Around 270 participants attended the camp. Dr. Sandeep S examined the patients.



Health Education

05.01.2019: Cancer Prevention Programme

IMA Thalassery conducted a Cancer Prevention Programme at PHC

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Urathoor. An awareness class for the public and a palliative training programme for Volunteers was conducted by Dr. Ajith Kumar C (Executive Member IMA Thalassery).



11.01.2019: Awareness Class

- IMA & WIMA Thalassery conducted an Awareness Class on Adolescent Health at Mubarak school. The class was conducted by Dr. Sajna Dilshad.



- An Awareness class on Nutrition in pregnancy was conducted at Mission Hospital OP Department by Dr. Radhika Aravind (Secretary WIMA).



25.01.2019: WIMA Thalassery conducted an Adolescent health class for 8th standard students at Thiruvangad Girs High School. The class was conducted by Dr.Radhika Aravind(Secretary WIMA) and was well appreciated.



26.01.2019: Dr.Rajeev Nambiar (President IMA Thalassery), Dr Mini Balakrshnan (Vice President IMA),Dr.Balakrishnan, Dr.Ajith Kumar C and Dr.Shyjus along with Kannur Gynaecological Society

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participated in the Midnight Unity Run, organised by Kannur District Authority and DTPC. The marathon was aimed at promoting the message of Unity among people



OBSERVATION OF IMPORTANT DAYS

15.01.2019: Community Service Day

- IMA Thalassery conducted a Medical Camp at Pinarayi Block Panchayath in connection with Community Service Day. Dr.Johnny Sebastian, Secretary IMA Thalassery, Dr.Binu & Dr.Nimisha examined the patients

- As part of Community Service Day IMA Thalassery distributed

mattresses at Snehakoodu (Destitute Home at Kuttimakool). IMA President Dr.Rajeev Nambiar, Dr.Babu Raveendran, Dr.Arun Kumar. Dr.Johnny Sebastian (Secretary IMA) and Dr.Sithara Aravind (Chairperson WIMA) attended the function. Spend around two hours with the inmates interacting with them and also had lunch along with the inmates.



- Dr. Ajith Kumar C (Executive Member IMA Thalassery) attended a Pain and Palliative Family Get together as part of Community Service Day at Padiyoor Grama Panchayath.

26.01.2019: Republic Day

President hoisted the National Flag on the occasion of Republic day 25

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members attended the function and saluted the National Flag.



30.01.2019: Anti Leprosy Day

IMA Thalassery conducted an awareness class on Leprosy and also a camp for identification of early lesions at Girl's School Thalassery. Leprosy awareness pamphlets were distributed to the teachers and students.



FAMILY MEETING

01.01.2019: X Mas & New Year Celebrations

Christmas and New Year celebration was held at IMA Hall, Thalassery. It was a grand cultural extravaganza. Cultural programmes were presented by doctors and their families. Christmas Carols, Santa clause and Lucky dip was organized as part of the programme. It recorded a very large attendance with more than 200 members attending along with their family members.



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SPECIAL PROJECTS OF THE BRANCH

IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

20.01.2019: Snehasangamam-IMA Pain and Palliative Care Clinic

IMA Pain and Palliative Clinic along with WIMA organized a get together Sneha Sangamam for paraplegic persons, their bystanders and family members on 20.01.2019 from 10.00am to 4.00pm at Dharmadam Beach Resort. The programme was inaugurated at 10.00am by Hon'ble Dist and Sessions Judge Smt. Indira T and Dr.Aravindan IPS together by cutting a cake. The programme was co-ordinated by Dr.Pushparaj S R, Dr.T Ramesan, Dr.Vanaja Raghavan, Prof.Major Govindan, and Dr.Abdul Rahman Kolathayi. IMA President Dr.Rajeev Nambiar along with lot of our members from IMA as well as WIMA participated in the programme. WIMA gave away kits to all the patients who attended the programme.



Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as the association is benefited.

MISCELLANEOUS

Nammude Arogyam:

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 2200 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during functions conducted by IMA Thalassery.

Association with other Organisations

06.01.2019: Inauguration of Perinatology Chapter IAP Kerala

Inauguration of Perinatology Chapter IAP Kerala: Dr.Rajeev Nambiar(President IMA), Dr.Mini Balakrishnan(Vice President IMA), Dr.Johnny Sebastian(Secretary IMA) , Dr.Sithara Aravind (Chairperson WIMA)attended the Inaugural function of Perinatology Chapter IAP Keralaand offered felicitations .



Awards

02.01.2019: Dr.Biji, Dr.Neethu and team received the Kerala State e- Governance Awards for the e-Citizens Service

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delivery and e- Palliative category from the State Chief Secretary.



02.01.2019: A Walkathon was organized on Save Girl Child Team by COGS at Kannur Medical College. This programme has entered the Limca Book of Records.



PUBLIC RELATIONS & SOCIAL INVOLVMENT

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21.01.2019: 150th Anniversary Souvenir Book Release – The function was felicitated by Dr.Rajeev Nambiar.



30.01.2019: Dr.Rajeev Nambiar, IMA President distributed proficiency prizes at St. Josephs Higher Secondary School, Thalassery.



27.01.2019: Dr.Rajeev Nambiar, IMA President attended the Annual General Body Meeting of Kerala gold and Silver Merchants Association as the Chief Guest.